

MOUNT KAILASA MANASA SAROVAR YATRA By HELICOPTER

08 Nights and 09 Days

Nepalganj- 01 night; Taklakot (Purang) - 02 nights; Manasarovar - 01 night; Darchen-01 night; Deruphuk - 01 night;
Zuthulphuk- 01 night; Simikot -01 night;

*Departure Dates -2026 : 25-Apr; 06,12, 20,25 May; 03, 11, 17, 23 June;
08, 16, 23 July; 05,12, 21, 28 Aug; 4, 11- Sept;*



What You are Paying For

Arrival and departure airport transfers on Private Basis
 All transfers according to program including airport transfers by Bus or similar.
 08 night accommodation (DBL sharing rooms) as mentioned in the itinerary.
 Meal plan as per itinerary Every Meal would be Buffet.
 Tibet side: all accommodation in Hotels & Guest House as per itinerary.
 Pure vegetarian meals (breakfast/ Lunch/ Dinner) providing by our counterpart by our staff.
 A/C coach & support trucks
 English speaking Tibetan guide
 Nepali tour leader
 Duffle bag and Backpack, oxygen, basic first-aid kit.
 Kailash permit & normal Tibet/China visa fee.
 Applicable GST

What Is Not Included

Return domestic economy air ticket or similar

All kind of personal expenses such as tips, laundry, telephone bills and beverages.
 Any entertainment centres, Any sort of rides, palki/pony/doli.
 Guide and Entrances to the monuments.
 All entry fee to sightseeing places & monument entertainment centers.
 All kind of personal expenses such as tips, laundry, telephone bills and beverages.
 Optional, suggested, or unspecified activities. Personal & health Insurance coverage.
 Early check in or late checkout.
 All beverages, Travel Insurance of clients
 Emergency evacuation expenses.
 Riding Yak/Horse for Kailash Parikrama (direct payable to Yak/horse herder)
 Expenses of personal urgent visa fee etc & Services other than specified
 Camera fee (still or movie). Pooja Expenses, Insurance. Tips and Gratuities
 Any additional expenses incurred due to any flight delay or cancellation, weather conditions, political
 Closures, technical faults etc.
 Tibet or extra stay at Kathmandu
 Any service which is not mentioned in the Inclusions.

What Will It Cost You?

For 3 Star hotel	Two of You in One Room
If you are 12 years or older	INR. 2,89,900/ per person

For 4 Star hotel	Two of You in One Room
If you are 12 years or older	INR. 2,99,900/ per person

For 5 Star hotel	Two of You in One Room
If you are 12 years or older	INR. 3,09,900/ per person

Tour costs show here are subject to change without notice. Check the updated tour cost with Turnkey Holiday executives before booking. Any aspect of this tour is subject to change without notice.

Minimum 10Pax group travelling together (2, 4 or 5pax will be part of this group).
(The above quote is excluding Air fare. And supplement charges for 4 and 5 star property).

We need a copy of your PAN card if you pay us more than INR 49,900 in cash and can't accept more than INR 1,99,000 in cash for this tour.

Your Flight Departs From Bangalore Kempegowda Airport at 0455hrs
You will Arrive at Lucknow International Airport at 0740hrs
6E-6353 BLR LKO 0455 0740
6E-6354 LKO BLR 1935 2220

Day 01: Arrival Lucknow – Nepalgunj(188kms/4hours approximately)

Arrive Lucknow airport

Meet and assist service by our representative.

Pick you up from Lucknow Airport and transfer to Nepalgunj, a bustling city in southwestern Nepal near the Indian border. The evening is free for you to explore the local markets and rest for your journey ahead.

Overnight stay at the hotel in Nepalgunj.

MEAL PLAN: D

Day 02: Nepalgunj –Simikot –Hilsa - Taklakot (Purang) (3,930m)

Take an early morning flight from Nepalgunj to Simikot, the administrative center of Humla District. Simikot is the gateway to the remote northwest of Nepal and provides a stunning view of the surrounding hills and mountains.

Then starts the Helicopter Ride - Fly from Simikot to the Nepal-Tibet border at Hilsa via helicopter. Cross the border into Tibet and drive to Taklakot (Purang), a vibrant trading town. You will spend the night acclimatizing to the higher altitude. ***Flight: 1 hour, Helicopter: 25 minutes, Drive: 1 hour.***

Overnight stay at the hotel in Taklakot

MEAL PLAN: B, L, D

Day 03:- Taklakot Acclimatization Day

Day for leisure and day for acclimatization in Taklakot.

Overnight stay at the hotel in Taklakot.

MEAL PLAN: B, L, D

Day 04: Taklakot – ManasaSarovar (4590m) (2-3 hours approximately)

Drive through the Tibetan plateau to the sacred Lake Manasarovar. Spend the afternoon soaking in the spiritual ambiance of this holy lake, considered a symbol of purity and tranquility. You can opt to take a holy dip in the lake and perform prayers along its shores.

Overnight stay at the guesthouse near Lake Manasarovar.

MEAL PLAN: B, L, D

Day 05: ManasaSarovar – Darchen -4575m (2-3hour approximately)

After morning prayers and exploration around Lake Manasarovar, you'll drive to Darchen, the base town for the Mount Kailash Kora. Take the evening to rest and prepare for the next day's trek.

Overnight stay at the hotel in Darchen.

MEAL PLAN: B, L, D

Day 06: Mount Kailash Kora – Darchen to Dirapuk (4,900m)

Breakfast at the Hotel,

Start trekking from Darchen to Dirapuk Monastery. The trek offers the first close-up views of Mount Kailash's north face, a sacred and awe-inspiring sight for pilgrims.

Overnight stay at the guest house in Dirapuk.

MEAL PLAN: B, L, D

Day 07: Dirapuk to Zuthulpuk via Dolma La Pass (5,636m) (8-9hour approximately)

This is the toughest yet the most spiritually rewarding day of the trek, as you cross Dolma La Pass, the highest point of the Kora. You will descend past Gauri Kund, a sacred lake, and continue to Zuthulpuk Monastery.

Trek: 22km, 8-9 hours.

Overnight stay at guest house in Zuthulpuk.

MEAL PLAN: B, L, D

Day 08: Complete Kailash Kora - Taklakot - Hilsa - Simikot

Breakfast at the Hotel,

Finish the Kora with a short trek back to Darchen. After lunch, drive back to Taklakot. This marks the end of the trekking portion of the tour, giving you time to reflect on your spiritual experience. Drive from Taklakot to the Hilsa border, where you will take a helicopter back to Simikot.

Trek: 12km, 3-4 hours. Drive: 2-3 hours. Helicopter: 25 minutes

Overnight stay at the hotel in Simikot.

MEAL PLAN: B, L, D

Day 09: Simikot -Nepalgunj - Lucknow Departure

From Simikot, catch flights back to Nepalgunj and drive to Lucknow.

Flights: 1 hour; Drive 04 Hours.

Later transfer to Lucknow airport to board 6E-6354 at 1935hrs and arrive Bangalore at 2220hrs.

MEAL PLAN: B

We Want You To Know This

- Please carry valid Photo ID proofs to the above tour without fail.
- Please note don't wear saree, chappal not suggested for mountain trek.
- Supplement charges will apply for up gradation of 4 and 5 Star property.
- Early check in and late checkout are subject to hotel policy.
- The timings given in itinerary and program may be changed without prior notice.
- Tour confirmation only on receipt of full payment. No refund for Unused services
- Medical Certificate from the hospital with doctor seal and signature.
- Above is just an offer / quotation and we are not holding any booking against this query.
- All services/rooms are subject to availability at the time of receiving final confirmation from your end.
- Please be reminded that all special requests like early check-in, smoking, nonsmoking, views, floors, king, twin, adjoining and/or interconnecting rooms are strictly subject to availability upon arrival and same cannot be guaranteed prior. Please note standard check-in/check-out time applicable as per hotel policy.
- **Additional and Optional Activities and Service Cost:**
- Horse and horseman per day: 1000 Yuan (during kora/parikrama)
- Porter per day: 400 Yuan (during kora/parikrama)
- Jeep (daytime/nighttime): 500/800 Yuan (during kora/parikrama)
- Extra night at the hotel per room without food: 500 Yuan (during kora/parikrama)
- Note: The additional expenses incurred due to the delay, accidents, Natural disasters, and political action.

- In case of the Traveller not going to Kailash Kora due to any reason and staying back in Darchen for those days, The food and accommodation will be on their own.
- In case the traveller not going to continue the trip for any reason and stay back in any place for those days, The food and accommodation on their own.
- Valid passport for six month and more and passport size photographs copy, You need to make booking before 40 days of departure dates.
- Sometime due to the unavoidable circumstances like bad climate, political unrest, landslides, health illness, natural disasters which are beyond human control may occur, we will be happy to refer you for any alternative trip to suit you.
- Health & Fitness: A fitness certificate from your doctor is required. Please consult your physician and inform us of any health conditions before undertaking the Kailash Yatra for your safety.
- Travel Insurance: All travellers compulsory have their travel insurance to cover accidents, emergency rescue in case of unfavourable climatic condition.
- Accommodation: Luxury and good standard hotel are in the cities like Kathmandu, Nepalgunj, Pulang ,Darchen Lhasa and Shigatse, at other places like manasarovar lake and During Kora of kailash there are guest houses and lodges with basic facilities without any modern amenities.
- Tibet side: cities like Kyirong, Saga/Darchen we will be providing good 3*/4* hotels while during Manasarovar: Dormitory style Guest House with common bathroom. And during Kailash Parikarma : Sharing basis Dormitory with Common Toilets.
- Tips to Prevent Altitude Sickness:
Mental Preparation: Stay calm and positive. A relaxed mindset can help reduce symptoms.
Physical Fitness: Prepare your body beforehand with regular exercise to improve endurance and adaptability.
Rest Before Ascent: Get plenty of rest and sleep well the night before ascending to higher altitudes.
Take It Slow: On arrival, move slowly and give your body time to adjust. Avoid overexertion in the first few days.
Hydration is Key: Drink plenty of water to stay hydrated. Avoid alcohol and caffeine, as they can increase dehydration.
- Altitude sickness can affect anyone, but with the right mindset and simple precautions, you can minimize the impact and fully enjoy your journey.
- Early Check-In and Late Check-Out is strictly subject to hotel availability at the time of check-in/out.
- Currency: Only US Dollars and Euros can be exchanged for Chinese Yuan (CNY) at banks in Tibet. Indian Rupees (INR) cannot be exchanged in Tibet, so it's best to convert INR to USD or CNY in India or Nepal before your journey. Please note that exchange rates fluctuate daily, and buying and selling rates may differ.
- Insurance: It is mandatory to purchase travel insurance that covers illness, emergency evacuation, accidents, trip cancellation, and medical treatment. Please note that such insurance is not available in Nepal.
- Communication: Please note that apps like WhatsApp, Facebook, and Google services do not work in Tibet without a VPN. We strongly recommend that all travelers download and install multiple VPNs in advance, as one may not always function reliably. VPNs are essential for accessing most social media platforms in Tibet.
- Tibet has good mobile network coverage, so you can make calls from almost anywhere. Most hotels offer Wi-Fi, although availability may vary. To stay connected, you can purchase a Chinese SIM card, typically costing around 200 Yuan.
- Documents:
 - Passport (with photocopies)
 - Travel Insurance (with photocopies)
 - Airline Tickets (with photocopies)

- Some recent two inch colorized photo
- RMB Cash (The Chinese yuan is the official currency of Mainland China. Technically, the yuan is the base unit of the renminbi currency (RMB)).
- Credit or debit card .
- Passport & Visas: All the travellers should have valid passport for six month and visa can be obtain from Nepalese embassy or consulate in India, however visa is stamp at the time of arrival in Airport. For yatra you get a group visa and we get entry in group as per size. While submitting passport for visa it's not necessary to send your old passport.
- Chinese Visa: The visa will be processed through the Chinese Embassy in Delhi. We will require the physical passport in Delhi 10 days before the trip in order to obtain the visa.
- Tibet Permit Application: To apply for the Tibet Travel Permit, we need properly scanned copies (not mobile phone photos) of the passport and a passport-sized photo in PDF format at least 25–30 days prior to the trip. Please note, permit applications must be submitted at least 25 days before departure.
- TREK : There is no alternate route once the trek begins from Yam Dwar on Day 08. Yatris must either complete the trek or stay back in Darchen to rejoin the group after 4 days.
However, two support options are available:
 - Horseback Ride: INR 12,000 per day (approx. 1,000 Yuan) × 3 days = INR 36,000 total.
Please note: Horse and horseman are charged together, cannot be separated, and must be hired for the entire 3-day trek – not available on a daily basis.
 - Shared Jeep Option: INR 6,000 per day × 3 days = INR 18,000 total (subject to availability).
This option is weather dependent, and may not be available if it snows.
- Supporting truck is provided to carry equipment up to Darchen. However, it is not available during the trekking days.
- In India, hotels are not officially categorized as "4 Star","3 Star" or "5 Star". Instead, they are typically grouped under the following categories: Category A: Equivalent to 4 Star hotels, Category B: Equivalent to 3 Star hotels .Category C: Budget hotels. However it might not be a direct comparison and also amenities and services differ from hotel to hotel and destination to destination.